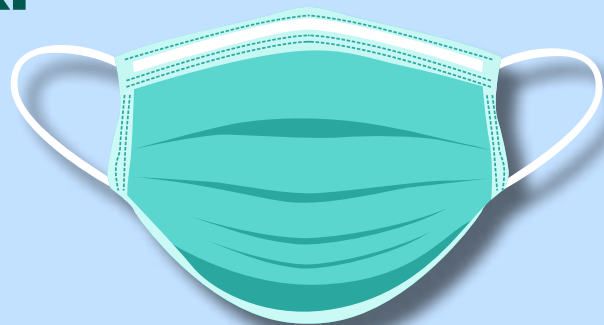


Safe use of Masks

THE MASK YOU NEED

DO: REMEMBER TO WEAR THE CORRECT MASK FOR CORRECT TASK:

Surgical mask for droplet precautions



Only wear **FFP2** (Fit check) or **FFP3** mask (Fit Tested) for aerosol generating procedures



WEARING THE MASK

DO: Wear your mask so it comes all the way up, close to the bridge of your nose, and all the way down under your chin.



DO: Press the metal band so that it conforms to the bridge of your nose.



DO: Tighten the loops or ties so it's snug around your face, without gaps. If there are strings, tie them high on top of the head to get a good fit.



DO NOT:

Wear the mask below your nose.



DO NOT:

Leave your chin exposed.



DO NOT:

Wear your mask loosely with gaps on the sides.



DO NOT:

Wear your mask so it covers just the tip of your nose.



DO NOT:

Push your mask under your chin to rest on your neck.



ONCE YOU HAVE ADJUSTED YOUR MASK TO THE CORRECT POSITION, FOLLOW THESE TIPS TO STAY SAFE:

- ALWAYS change your mask when you answer the telephone or you take a drink/break.
- ALWAYS wash your hands before and after handling a mask.
- NEVER fidget with your mask when it's on.
- NEVER store your mask in your pocket.

REMOVING THE MASK

Use the ties or ear loops to take the mask off.

Do not touch the front of the mask when you take it off.



Dispose of mask in healthcare risk waste bin.



REMEMBER...

Masks should not be used in non-clinical areas.

Always adhere to Hand Hygiene and Social Distancing procedures.

